

October 2019

17th Durham Health Summit “Advancing Racial Equity”

Goals:

- Develop a shared understanding of key concepts central to racial equity
- Examine historical policies that have created and maintained racial inequities
- Develop/deepen and analysis of implicit bias and institutional and structural racism

Highlights:

- Documented history of health and health disparities in Durham, the City of Medicine
- Mission and role of Race Forward as an organization designed to advance racial justice
- Summit activities to deepen and understand implicit bias and institutional and structural racism
- Input provided by summit attendees on structural racism in Durham and opportunities for collective actions for racial equity within the areas of food systems and early childhood

June 2018

16th Durham Health Summit “Building a Healthy Community: We’re All Connected”

Goals:

- Strengthen cross-sector engagement
- Share information from the Durham Community Health Assessment
- Launch the two focus areas of the Healthy Durham Facilitative Platform
- Deepen individual and collective understanding in the two focus areas
- Obtain input to shape the purpose, role, and direction of Healthy Durham

Highlights:

- State of health in Durham highlighted by three local leaders in government, medicine, and public health
- Democratization of data mapping through Data Works NC, a mediation partner between data and local stakeholders
- Input provided by summit attendees on the two Healthy Durham focus areas: a) Model Food City; and b) Early Childhood Development and Education

June 2017

15th Durham Health Summit “Healthy Durham 20/20: A New Vision...Join the Movement”

Goals:

- Provide an overview of Healthy Durham 20/20
- Identify community needs and assets
- Identify sector needs and assets
- Strengthen cross-sector engagement

Highlights:

- The presentation by speakers on the BUILD One Baltimore initiative, a set initiative including Turnaround Tuesday, designed to address social determinants of health in Baltimore, MD
- Input provided by summit attendees during two engaged discussions: a) Sector specific small group discussions; and b) Community voice small group discussions

March 2016

14th Durham Health Summit “Collaborating Across Durham to Achieve Health Equity”

Goals:

- Summarize the feedback expressed by attendees on issues related to promoting and achieving health equity in Durham

Highlights:

- Four domains for which the most frequent questions were asked were: Maternal and Child Health, Data/Health Statistics, Health Disparities, and Mental Health.
- Six sector specific questions for breakout session were: Child welfare and youth-development, transportation, criminal justice, education, workforce development, and housing.
- Key recommendations: Collaboratively create systems changes, particularly in transportation and affordable housing. Develop more workforce opportunities by creating healthy environments for learning for children and adults. Engage in more diverse, cross-disciplinary dialogue.

March 2014

13th Durham Health Summit, “Beyond the Affordable Care Act: Are We Ready For What’s Next”

Goals:

- Examine the next steps that we need to take together as a community following the passage and implementation of the Affordable Care Act and health care reform.
- Learn how implementation of the Affordable Care Act has impacted the delivery of health and human services in Durham county.

Highlights:

- Shared results of community collaborative initiatives that have helped improve outcomes in the community: Specialty Project Access of Durham County, Durham Health Innovations and Neighborhood and School Based Clinics.
- Business and government representatives discussed how to work across sectors to implement strategies to address social determinants of health (poverty, education, employment, housing, etc.,).
- Special presentation featuring new community based initiatives, Neighborhood Allies, Integrated Pediatric Care and the SOAR program.
- Held an educational session about the health insurance marketplace and a resource fair provided an opportunity to work with health insurance navigators and obtain information about community organizations.

March 2013

"*Creating Opportunities for Meeting Durham's Basic Needs: Addressing Social Determinants of Health*" was a thoughtful discussion about addressing social determinants to improve health outcomes.

Goals:

- Gain an understanding about the impact of social determinants on the lives of individuals and families in our communities.
- Obtain updates and provide input on initiatives addressing poverty, education and homelessness
- Increase knowledge of community resources and organizational partnerships

Highlights:

- The summit featured best practices from local community based initiatives and a review of key social determinants impacting the Durham Community: Poverty, Homelessness, and Education
- Participants answered a series of questions to develop strategies that will help address social determinants and improve health outcomes in the Durham community.
- Representatives from philanthropic organizations shared perspectives on funding community initiatives.

April 2012

The 11th summit, *Weaving Durham's Tapestries, Moving the Needle on Health Weaving Durham's Tapestries: Moving the Needle on Health*" was a thoughtful discussion about addressing social determinants to improve health outcomes.

Goal:

Preventing illness and improving health by weaving together efforts aimed at the common causes of illness in our community.

Highlights:

- The summit featured best practices from local community based initiatives and a review of key social determinants impacting the Durham Community: Poverty, Homelessness, and Education.
- Participants answered a series of questions to develop strategies that will help address social determinants and improve health outcomes in the Durham community.
- Representatives from philanthropic organizations shared perspectives on funding community initiatives.

April 2011

The 10th summit, *Health: Whose Responsibility Is it?*, was a thoughtful discussion about the role we all play in creating healthier individuals and communities.

Goals:

Education the community about health care reform and showcase initiatives developed to address individual and community health issues.

Highlights:

- Keynote presentation featuring information about health care reform and its potential impact on individuals, and the health care delivery team.
- Health professionals lead an interactive discussion about taking personal responsibility for your health.
- A diverse group of faith leaders lead a discussion about the importance of integrating health, wellness and spirituality.

- Area leaders in business, education, and local government shared best practices about community and employer base wellness models.

March 2010

The 9th summit, *Many Minds, Many Hands, One Goal*, focused on engaging the community in a thoughtful, meaningful, dialogue about what a healthy Durham would look like.

Goals:

Discuss local collaborative initiatives developed to address community health issues through the Durham Health Initiatives.

Highlights:

- Key note presentation by Dr. Regional Benjamin, US Surgeon General, about how stakeholders can work together to improve health outcomes in the community.
- A review of the Quality of Life Indicators for Durham County presented by Tom Bonfield, Durham City Manager and Mike Ruffin, Durham County Manager.
- Durham Health Innovation poster session and presentation which featured creative approaches to delivering health services in the community.

April 2009

The 8th summit, *Durham Health Innovations: Bridging the Gap*, focused on a new project between members of Durham and Duke communities that would improve the health of the population of Durham County.

Goals:

To announce a community based public health initiative funded by grant money from the National Institutes of Health, which also helped develop the new Duke Translational Medicine Institute.

Highlights:

- Key note presentation by Dr. Sergio Aguilar-Gaxiola, Director for Reducing Health Disparities at the University of California, Davis, School of Medicine, about the use of community participatory research to address health disparities at the systemic level.
- Interactive presentation of the State of Durham County's Health Report by Gayle Harris, MPH, Director of the Durham County Health Department.
- Presentation and community discussion of the ten collaborative projects selected for the Durham Health Innovation Project. The projects covered asthma, cancer, heart disease, diabetes, HIV and sexually transmitted diseases, pain management, maternal health, substance abuse, senior health, and adolescent health.

December 2008

Duke holds its first regional health summit in Raleigh, North Carolina and brings together health care leaders from across the Triangle for *Changing Regional Demographics: Impact on Health Care*.

Goals:

Examine the impact of the area's changing demographics on our health care system.

Highlights/Outcomes:

- Feedback from the community calls for all Triangle hospitals to convene for regional health summits on an annual basis.

May 2007

During a half-day summit, **Duke and the Durham City/County Results-Based Accountability Initiative focused on Listening to the Uninsured.**

Goals:

Obtain community feedback about a proposed Specialty Project Access model
Educate the community about issues related to the uninsured in Durham County

Highlights/Outcomes:

- Through polls, small discussion groups, and anonymous surveys, participants provided input, feedback and suggestions regarding local health care initiatives for the uninsured.
- The collaborating organizations used the information gathered as a guide to better organize Specialty Project Access and other potential programs for individuals without health insurance in Durham.

April 2006

Real People, Real Issues: NC Summit on Health Disparities expands targets to address health disparities across the state. Prominent national, state, and local leaders attend the summit.

Goals:

Develop partnerships between the public and private sectors
Address the lack of access to care faced by low-income and minority groups in North Carolina

Highlights/Outcomes:

- US Congressman David Price (D-NC) provides a briefing on current legislative and funding efforts to reduce health disparities.
- Attendees are encouraged to return to their communities and develop collaborative solutions to local problems. In Durham, groups continue meeting to discuss and develop a program that would provide specialty care to Durham County's uninsured individuals.

April 2005

This year's theme on substance abuse - **Addiction Disease: Opening a Window - is developed in response to the recommendations from the previous year's summit.**

Goals:

Dispel myths about substance abuse
Reduce the stigma associated with substance abuse by educating the public

Highlights/Outcomes:

- **Recommendations for Durham Results-Based Accountability:** More than 100 recommendations are developed and are included in a work plan for the Partnership for a Healthy Durham.
- **A Substance Abuse Advisory Committee is established by the Durham Center**

- **Duke and the Durham Center partners to provide experienced based training for substance abuse counselor**
- **Substance Abuse Subcommittee:** Duke staff and physicians help staff and support the committee as part of the Partnership for a Healthy Durham. Duke helps fund substance abuse referral guide, which is distributed throughout Durham.

November 2003

In its second year the summit explores the theme City of Medicine, Community of Health, bringing together leaders from health care, business, education, faith-based groups, local government, and community based organizations.

Goals:

Discuss Durham's most urgent health issues
Explore ways to work together to make our community healthier

Highlights/Outcomes:

Obesity, substance abuse, nutrition, and fitness are identified and defined as the subjects of critical focus.

Two projects are designed to impact the three issues:

- **School Based Pilot Project:** The Office of Community Relations and the Duke Division of Community Health design a pilot intervention to work with students and families of four Durham Public Schools.
- **Lighten Up Durham:** The project aims to increase awareness of the importance of exercise and nutrition, and to promote walking as exercise to Durham citizens, Duke University Health System employees, and their families.

October 2002

The Office of Community Affairs (now Community Relations) in partnership with Durham County and the National Association of Counties convenes the inaugural Durham Health Summit. Leaders in health care, government, business, education, faith-based groups, agencies, and foundations attend the meeting.

Goals:

Identify the health issues facing the people of Durham
Develop ways to work collaboratively to address these issues

Highlights/Outcomes:

Three subcommittees form to focus on issues:

- **Specialty Health Care Access:** Duke and community physicians and Durham Health Partners analyze barriers to care, examine model communities, and begin working on Durham specific pilot project.
- **Prospective Medicine:** A small workgroup develops strategies around managing obesity and increasing fitness in Durham. Pilot program at Lakewood Elementary and Lowe's Gove Middle Schools promote fitness and good nutrition among students.
- **Faith Group:** Members from various churches and faith-based groups survey the health-related activities currently available in the faith community and its unmet needs.